



Table of Contents

- v Preface
- vi Acknowledgments
- vii Author Biographies

Chapter 1 - Introduction

- 1 **Planning for a Freezing System**
- 2 **The Freezing Process**
 - 2 What Happens during Conventional Freezing
 - 8 Alternative Processes
- 10 **Freezing Time: The Need to Know**
 - 11 Role of Freezing Capacity
 - 11 Freezing Time: Influencing Factors and Calculations
 - 17 Measuring Freezing Time
- 20 **Some "What-ifs"**

Chapter 2 - Freezing Effects on Fish and Other Seafoods

- 31 **Physical and Chemical Changes During Freezing**
 - 31 Flavor and Odor Changes
 - 32 Effect on Microorganisms
 - 33 Effect on Parasites
 - 34 Crystal Formation, Crystal Growth, and Recrystallization
 - 34 Effect on Flesh Proteins
 - 35 Texture Changes During Freezing
 - 35 Thaw Drip and Cook Drip Losses
 - 36 Dehydration and Moisture Migration
 - 37 Glassy Phase and Glassy Transition
 - 38 Internal Pressure Effects
 - 38 Freeze-Cracking
 - 39 Gaping
 - 39 Effects of Rigor Stage
 - 40 Cryoprotectants
 - 41 Packaging
- 42 **Recommended Freezing Rates and Core Temperatures**
- 46 **Freezing Seafoods and Seafood Products**
 - 46 Warmwater vs. Coldwater Species
 - 46 Fish and Fish Products
 - 48 Mollusks
 - 49 Crustaceans
 - 50 Sea Cucumbers
 - 51 Sea Urchin Roe
 - 51 Breaded Seafood Portions
 - 51 Surimi and Surimi Analogs



Chapter 3 - Freezing Systems: Pulling out the Heat

53 Mechanical Refrigeration Systems

53 The Refrigeration Cycle

56 About Refrigerants

57 Refrigeration Terms

60 Airflow Freezers

63 Brine Freezers

66 Contact Freezers

71 Cryogenic Refrigeration Systems

71 Liquid Nitrogen

71 Liquid Carbon Dioxide

72 Freezers

73 Trade-offs: Mechanical vs. Cryogenic Refrigeration

Chapter 4 - System Selection and Layout

76 **Location**

80 **Freezing Capacity**

82 **Power Requirements**

85 **Energy Conservation**

86 **Planning for Onboard Systems for Fishing Boats**

Chapter 5 - Scenarios

94 **Blast Freezer for Headed and Gutted Salmon**

96 **Onboard Blast Freezer for Albacore Tuna**

97 **Shelf Freezer for Specialty Products**

98 **Cryogenic Freezer for Oysters**

References

Appendix

107 **Definitions, Units, Conversions**

109 **Temperature Measurement Errors**

112 **Freezing Equipment Suppliers**

Index